

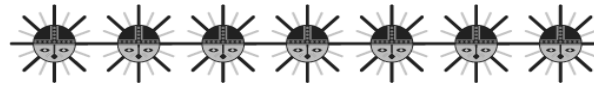


“The Long Dance is all the vibrational essences that make up all of God’s perceptual realities. In ancient times, the two leggeds would gather periodically to dance all night long to mimic vibration. In modern times, the Long Dance is still the same dance. Only the dancers change.” Joseph Rael

Long dancing is an ancient ritual that is danced at night. Night is the time to bring forth associations that lie in the subconscious mind. The dance can bring them up to conscious levels of awareness. Once we dance these subconscious associations to the conscious levels, we can dance them, own them and release them during the dance. The Long Dance is a powerful vehicle of change. Your intention provides the nature and direction of the power of the Dance.

- Cleansing / Forgiveness
- Spiritual Power
- Physical Endurance
- Surrender
- Personal Vision
- Fellowship in the Dance
- Removal of Blocks or Limitations
- Marking a Juncture in Life
- Opening to New Possibilities

We dance within a sacred circle with the Medicine Shield Banner of each dancer displayed around the periphery. Each dancer will hold his/her own intent. The Dance will continue through the night with all dancing until the New Day dawns.



What to Bring

Dance Clothes: Women: Long dresses or skirts, tops with sleeves. Men: skirts or long pants ,shirts with sleeves.

Sweat clothes: Women; long cotton dresses
Men; swim trunks or shorts.

Prayer Tie Materials: 1/2 yd. each of yellow, white, red, black cotton clothe, white string , tobacco,& scissors.

Giveaway: Bring something special of your own that needs to move on. You may bring more than one gift. The give-away exchange is a closing ceremony.

Other Items: Medicine Shield Banner, Tent, Sleeping Bag , Blanket & pad, Tarp for ground cover, Clothes for both hot and cold weather, Rain gear, Flashlight, Towel, Drums or Rattle, One Gallon Distilled Water, Water Bottle (you may drink water during the dance),Insect repellent

Registrations

Name: _____

Address: _____

_____ Zip _____

Phone: _____

email: _____

I have enclosed my \$100 deposit of which \$50 is nonrefundable.

Make checks payable to Zoe Bryant
Registration tuition is \$275 with a \$100 deposit. There will be an additional \$25 fee for food. (*This supports food for your drummers, medicine people and dancers feast after the dance.*) Mail

registration to Zoe Bryant.
302 Old Fellowship Rd.
Swannanoa, NC 28778



Dance Co- Chiefs: Zoe Bryant & Jeffrey Goldwasser. Jeffrey and Zoe have been working together for 10 years. They both have hosted this dance and have been blessed to lead it.

Zoe is the caretaker of the Peace Chamber and has lead and sponsored dances for over 20 years.

Jeffrey leads mens groups and is a Dancer and Dance Chief to the Sun Moon Dance.

Weekend Schedule:

Saturday: Arrival 11a.m., Dance Preparation, Sharing Medicine Shield Banners, Sweat Lodge, Dance (sunset to sunrise)

Sunday: Dance Ends, Rest time, (after the dance) Feasting, Sharing, Giveaway, Farewells - 12 noon

Directions

Traveling on I-40 take Exit #55. I-40 E turn Left, I-40 W turn right and go one block to US Hwy. 70. Turn Right onto Hwy. 70 and proceed to second traffic light. This is Buckeye Cove Rd. Turn Right onto Buckeye Cove. Keep Right at three way fork. Pass the Community Club House . Turn Left onto Old Fellowship Rd. (dirt/ gravel road). Follow signs to "Peace Chamber & Earth Center".

By Air: Fly into Asheville, NC

contact Zoe at (828)298-3935
email: myzobra@yahoo.com

for more information visit:
www.peacechamber.com





Long Dance Instructions

Long Dancing is an ancient dance that is celebrated at night. "no-wia" means night time.

There are two distinctly different associations in the subconscious under which fall a number of forms:

1. The sound vibration forms that associate us with certain principle ideas are as follows:

A-ahh- purity, voidness, before birth

E- eh - relationships

I - eee - awareness

O - ohh - childlike innocence

U - ooo - to be carried or carry

2. The forms that associate us with karmic vision:

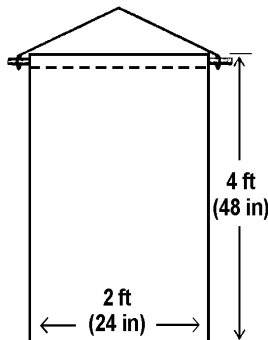
Greed Anger Jealousy
Pride Denial Attachments

Medicine Shield Banner

Make and bring with you a Medicine Shield in the shape of a banner. Any color can be used, put artwork on it that depicts how you can open your heart, and include in your design:

- Where you come from
- Where you are now
- Where you hope to be after the dance

Make the banner approximately 24" wide and 48" long from any material you choose with a casing at the top. Insert a 30" wood dowel and a cord to hang it.



LONG DANCE

Long dancing is an ancient ritual that is danced at night

May31

2008

Swannanoa, NC

Dance Chiefs:

Zoe Bryant

& Jeffrey Goldwasser

Sponsored by:

Foundation for Earth's Ancestral
Voices & The Earth Center

