

## Vatsalya Grams:

This new social service concept is an alternative to orphanages, women's shelters and homes for the elderly.



Entire villages have been established that provide loving family environments where previously abandoned children are nurtured, single women become mothers and aunts, and elders who would otherwise be in old folks homes become grandparent figures. Real families have developed in these communities where each person contributes to the natural well being of the other. Swami's devotee, the great Saint DiDiMa Ritumbhara is the dynamic force overseeing this project which has now received international acclaim.



Swami Ji in front of school playground at Vatsalya Gram

Swami ji has also done much to empower women by setting up programs where they learn a variety of skills such as embroidery, knitting, sewing and fabric painting. He has enabled countless women to express their artistic abilities while becoming financially independent.

## Disaster Assistance:



APD provides relief and support to many villagers who have suffered from droughts, floods, earthquakes, epidemics and other natural disasters.



## Spiritual Communities:

40 APD spiritual community ashrams have been established where saints and serious spiritual seekers are provided refuge amidst the sacred grounds of devotional temples throughout India and abroad.



Akhand Paramdham Head Office And Ashram in Dehli



Haridwar APD Main Ashram



Chitrakoot APD in M.P.



Amritsar APD Ashram



Temple at APD Ashram in Naunath, Jammu Kashmir



Feeding Saints in APD MawieDham Ashram



East-West Bridge APD Va., USA NPO 509A

## Yoga, Meditation and Ceremonial

ADP Centers have been established in Amritsar, Jalander, Indore, Gwailor, Haridwar and NYC in the USA. Meditation, yoga, satsangs as well as traditional Hindu ceremonial activities are regularly scheduled.



Foreigners attend yoga class in Haridwar, India



Paramanand Yoga & Vedant Institute, NY, USA is a NPO 501C3. [www.paramyoga.org](http://www.paramyoga.org)

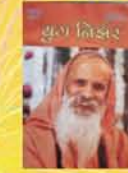


Children's meditation class

## Publications & Further Information:

Over 50 books on the works of Swami ji's teachings are available.

The 'Yug Nirjhar' magazine is comprised of Swami Paramanand's teachings, updates on the many service projects of APD and the latest info about tour schedules and retreats. Available in English and Hindi.



Thousands of CD's & DVD's are available.

To order online please visit [www.paramyoga.org](http://www.paramyoga.org) or contact:



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Your donations make it possible to continue the much needed social projects of APD. Thank you for your support.

Donations for APD are tax exempt under IRS code 501C3 in the US and u/s 80G in India.

*YugPurush*  
*Mahamandaleshwar*  
**Swami Paramanand**  
*Maharaj*

*A Brief Introduction*  
*to a Living Legend*



# YugPurush Mahamandelshwar Swami Paramanand Maharaj

Maharaj Ji was born in the small village of Mawai Dham on the banks of the sacred Yamuna River in Northern India. It's reported that even as a child he sought the company of wise elders and was often seen standing on one leg in the river or sitting in meditation under a tree. In his youth he was recognized by the Great Swami Ji Akhandanand Maharaj of Chitrakoot who took him as a disciple. After completing school, Paramanand renounced worldly life and under his Guru's guidance was initiated into Sainthood as Swami Paramanand in 1956. He did not retreat into the Himalayas but instead entered back in society to share the gifts of his experiential Knowledge. To this day he lives the life of a karma yogi dedicated to serving the welfare of humanity. Being notably honored and recognized as a living Self-Realized Master, Swami Ji now has a following from all around the world. He is a scholar, yoga master, Vedant teacher and philosopher and has been guiding others to their own Self-Realization and working towards the betterment of humanity for over five decades now.

Hundreds of service projects have been fostered through Akhand Paramdham, the non-profit organization that manages his vast array of social projects. Sixteen schools and colleges have been established in remote areas of India, providing facilities, teachers and staff, room and board and transport for those in need. Under his kind patronage entire villages now exist that act as alternatives to orphanages, women's shelters and elder's homes. The concept is to provide a loving family environment where children are nurtured, single women become mothers and aunts, and elders who would otherwise be in homes for the aged become grandparent figures. Real families have developed in these communities where each person contributes to the natural well being of the other. Swami ji has also done much to empower women by setting up programs where they learn a variety of skills such as embroidery, knitting, sewing and fabric painting. He has enabled countless women to express their artistic abilities while becoming financially independent..



Akhand Paramdham has opened nine hospitals with full modern facilities, providing ayurvedic as well as homeopathic treatment at low or no cost. Over 1000 people are being served in any given day. More than 50 professional doctors and nurses who are devotees of Swami ji consider it an honor to provide their services to humanity.

Over 40 spiritual community ashrams have been established where saints and serious spiritual seekers are provided refuge amidst the sacred grounds of devotional temples throughout India and abroad. Throughout the year, Swami ji travels to the various ashrams teaching the Vedant and guiding students in a variety of Self-Realization techniques. In between programs he oversees the numerous social projects of Akhand Paramdham.

Under his guidance large meditation centers have opened for the benefit of various communities. These centers teach meditation as a peacemaking tool to achieve cooperation and harmonious relations between people, their communities, the nation and the global village we live in. In an effort to promote cultural nationalism as well as international unity, all of Akhand Paramdham's projects seek to instill cooperation, diversity and an awareness of the divinity within all of life.

Swami Paramanand first came to America when he was invited to address the 'World Millennium Peace Summit of Spiritual Leaders' in the year 2000 at the United Nations. He has returned to the US every year since, sharing his knowledge wherever he is called. He now travels worldwide teaching, giving darshan and imparting knowledge as an initiation, passing on divine dynamic power to those who are ready to receive it. Swami ji has a way of unraveling esoteric teachings in a brilliantly simplistic manner. Under his guidance, many have been led to recognize their eternal divinity.

Thousands gather for Satsang



## AKHAND PARAMDHAM (APD) SOCIAL PROJECTS

### Educational Institutions:

Many schools have been established in remote areas of Northern India which provide education to thousands of children who otherwise would have no opportunity to even learn to read and write. In 2006, a degree college opened for the continuing education for these previously disadvantaged children.



Swami Paramanand Balika Inner College, Mawie Dham, Fatepur, U.P

Solar panels and school buses donated By American devotees.

APD has established 16 schools and colleges in remote areas of India, providing classrooms, transport, room and board for needy children.



Swami Paramanand Girls Degree College



Swami Paramanand Ji High School in the small village of Bhaipur, U.P.

Shri Swami Paramanand School in the small village of Kumaria Shukla, U.P.



### Charitable Hospitals and Medical Assistance:

Akhand Paramdham has opened 9 hospitals with modern facilities, providing ayurvedic as well as homeopathic treatment at low or no cost. Thousands of people are now being helped on any given day. More than 50 professional doctors and nurses who are devotees of Swami ji consider it an honor to provide their services to humanity.



Swami Paramanand Hospital, Panchkuian Indore, M.P.



Ambulance Donated by American Devotees.



Swami Paramanand Hospital, Khandwa Road Indore, M.P.



Mentally and physically challenged children perform traditional Hindu songs and dances.

Self transport vehicles for children who can not walk.



APD provides ayurvedic and homeopathic treatment in many rural areas as well as supplying necessary medicinal herbs or prescriptions to those in need.

